

ADDITIONAL INFORMATION ABOUT COURSES 2011-12

Concentrations

D. W. Winnicott: Peter Dales

Starting date: Saturday, September 24, 2011

Time: Once a month on Saturdays from 10:00a.m.-1:30p.m.

Place: 123 Admiral Road

After a review (2 classes) of Winnicott's developmental theory, this concentration is an intensive examination of several special topics, eg. "The True and False Self", "The Anti-Social Tendency", "Transitional Objects, Potential Space and the Use of an Object", "Winnicott's Contribution to the Notion of Creativity", etc. The two texts mentioned below serve as a launching pad into many other writings by Winnicott and others. Students present the "special topics".

Required Texts:

Winnicott, D. W., **The Maturation Processes and the Facilitating Environment**, International Universities Press, Inc, New York, 1965

Winnicott, D. W., **Playing and Reality**, Routledge, London and New York, 1971

Additional copied material to be handed out.

This concentration is intended for students in the clinical phase of the program.

***This concentration is open to CAPT members**

Relational Psychoanalysis: Stephen Mitchell: Gayle Burns

Starting date: Saturday, September 17, 2011

Time: Once a month on Saturdays from 9:30a.m.-1:00p.m. (The first two meetings are Sept. 17 and Oct. 15, 2011)

Place: Room A, The Centre

Relational theory will be explored through Stephen Mitchell's writings and selected seminal papers of major contributors to this perspective. Themes include: agency, creation of meaning, self-organization, attachment to others, relational conflict, influence, intention, imagination, co-construction, impasse and transformation in the therapeutic relationship.

Participants will choose a personally relevant focus for seminar presentations and their subsequent paper, journal or creative project.

Required Text:

Mitchell, S. (1988). Relational Concepts in Psychoanalysis.

Selected readings for study will be drawn from Stephen Mitchell's other books and from the three volumes of collected writings by relational theorists:

Mitchell, S. and Aron, L. (Eds.). (1999). Relational Psychoanalysis: The Emergent of a Tradition.

Aron, L. and Harris, A. (Eds.). (2005). Relational Psychoanalysis Vol. 2: Innovation and Expansion.

Suchet, M., Harris, A. and Aron, L. (Eds.). (2007). Relational Psychoanalysis Vol. 3: New Voices.

Sexuality, Gender and Sexual Orientation: Sharon Bedard

Starting date: TBC

Time: Once a month on Saturdays from 10:30a.m.-2:00p.m.

Place: TBC

Please Note: This concentration is different from the Erotics of Sexuality seminar and covers different material. It is not necessary to have taken the other seminar in order to participate in this concentration.

Sexuality; the experiences of our desires, our physical, sensual, imaginative, erotic and affective life; are part of the organization of our experiences of our self, our relationships and our attachments - within and across gendered lines. Sexuality is complex and develops out of multiple determinants. As therapists we remain individuals with unique psychosexual histories and we work with individuals who are equally particular.

We will use a close reading of the way theories are structured and which assumptions they maintain. We will look at the oedipal arrangement in order to understand what it suggests, what it has been used to explain, and when and where it is and is not useful. We will also examine some key concepts: identification, bisexuality, gender, and sexual orientation, because these terms arrange and delimit the ways in which we think about sexuality, gender and orientation. One of our major efforts will be to try and understand the assumptions and beliefs that we all enter our offices and therapeutic relationships with and work with as therapists.

Consider the subtle difference of these two sentences:

Let us take the little girl as a subject.

I want to be like daddy with mummy.

Meaning I want to have a penis like daddy to be with mummy - this is gender play.

I want to be with mummy like daddy.

The little girl remains a little girl to be with mummy like daddy is, without necessarily wanting to be daddy - this is a play within the domain of sexual orientation.

Consider the following: "any human experience of sexuality and identity is built on a unique and particular sentence in which the elements of subjectivity, action and object are never inherent or inevitable. Unlinking aim from object and allowing the play of sexual forms and symbolic meanings for bodies, selves, and acts are at the radical core of Freud's theory of desire and gender". (Adrienne Harris, "Gender as Contradiction", Psychoanalytic Dialogues1(2):197-224, 1991, p.201).

Harris begins and continues a conversation with Freud, but she moves in a direction that he could not have anticipated. Some grounding in Freud is helpful, but we will be branching out from there in order to see how other writers have transformed,

challenged, enlarged and opened out theories of sexuality and gender. It will be our task to enter these conversations creatively and to engage in the same exploratory efforts with theories around sexual orientation. Gender and sexual orientation have been lock-stepped for many years in theoretical writing; as if in talking about one we are implicitly talking about and understanding the other.

You will be invited to join a conversation in which our genders, orientations and excitements are going to hopefully slide around a fair bit. We will also use a selection of movies to help bring our theories to life. Film, unlike an individual therapeutic session, is an experience we can all share and explore through conversation.

These are my thoughts in progress; my ideas for the seminar are still under construction. If you have any questions please feel free to contact me at: 416-631-4226 or sbedard-1@rogers.com. There will be a variety of articles made available about mid-summer.